

Race No	Full Name	Age Cat	Sex	Stage1	Stage2	Total Time	Age Pos	Ov Pos
489	MLUNGISI DORMINIC MAZIBUKO	30 to 39	M	2:23:22	1:52:16	4:15:38	1	1
444	MANDLA MNCUBE	19 to 29	M	2:45:11	2:08:40	4:53:52	1	2
451	TRAVERS PELLEW	19 to 29	M	2:55:05	2:12:59	5:08:04	2	3
416	GARY CALITZ	30 to 39	M	3:06:13	2:09:07	5:15:21	2	4
417	TRUDE CARSTENS	30 to 39	F	3:17:42	2:32:09	5:49:51	1	1
443	DAVID MCCULLOUGH	40 to 49	M	3:25:34	2:39:34	6:05:08	1	5
481	TRACY ZUNCKEL	40 to 49	F	3:28:55	2:45:16	6:14:11	1	2
424	SABRINA DAOLIO	19 to 29	F	3:51:51	2:47:14	6:39:05	1	3
409	ASHLEY BENATAR	40 to 49	M	3:51:59	2:47:13	6:39:12	2	6
464	LINDOKUHLE MBUSO CLIVE MIYA	19 to 29	M	4:00:27	2:52:35	6:53:02	3	7
434	STUART HOCKLY	40 to 49	M	3:58:47	2:56:41	6:55:29	3	8
435	LEONIE JACOBS	30 to 39	F	4:02:46	2:55:59	6:58:46	2	4
437	LIZIL KNOESTER	30 to 39	F	4:02:49	2:55:58	6:58:47	3	5
427	CHARLES DOUGLAS	40 to 49	M	4:15:01	3:07:47	7:22:48	4	9
472	FRANCOIS VORSTER	40 to 49	M	4:09:12	3:13:57	7:23:10	5	10
428	DP DU PLESSIS	30 to 39	M	4:30:13	3:03:39	7:33:52	3	11
447	MAURITZ OBERHOLZER	30 to 39	M	4:26:50	3:16:20	7:43:10	4	12
473	VERONICA WARMINGTON	50 to 59	F	4:29:48	3:15:12	7:45:01	1	6
459	BENJAMIN SMOLOWITZ	40 to 49	M	4:30:16	3:15:13	7:45:30	6	13
421	JEREMY CLAYTON	40 to 49	M	6:08:05	2:05:01	8:13:07	7	14
401	CHRIS ALDERSON	50 to 59	M	4:55:50	3:20:23	8:16:14	1	15
449	STEPHEN OSLER	40 to 49	M	4:52:14	3:25:19	8:17:34	8	16
410	ALBINE BERTHOU	40 to 49	F	4:42:46	3:36:17	8:19:03	2	7
462	ROB URQUHART	50 to 59	M	4:57:35	3:25:23	8:22:59	2	17
470	HANRI VAN WYNGAARD	40 to 49	F	4:47:14	3:37:16	8:24:31	3	8
407	JONATHAN BARON	30 to 39	M	5:05:10	3:28:18	8:33:28	5	18
402	JULIE ARGUILE	50 to 59	F	5:07:34	3:26:33	8:34:07	2	9
440	LISA LANGNER	40 to 49	F	5:07:38	3:26:35	8:34:14	4	10
412	KEAGAN BOTHA	30 to 39	M	5:06:37	3:27:46	8:34:23	6	19
441	MARTIN LAUBSCHER	40 to 49	M	5:15:07	3:22:31	8:37:38	9	20
448	DEIDRE OOSTHUIZEN	30 to 39	F	5:15:13	3:22:43	8:37:56	4	11
456	TONY ROCHE	40 to 49	M	5:08:39	3:30:08	8:38:48	10	21
463	MYNHARDT VAN DER MERWE	50 to 59	M	4:56:42	3:45:45	8:42:27	3	22
497	RIANA VAN DER MERWE	50 to 59	F	4:59:49	3:45:47	8:45:36	3	12
458	WERNER SCHMIDT	30 to 39	M	5:06:41	3:55:44	9:02:26	7	23
425	LOUISE DE JAGER	30 to 39	F	5:47:24	3:17:37	9:05:02	5	13
423	GEORGINA MAY CRISP	19 to 29	F	5:47:45	3:17:41	9:05:27	2	14
461	YVETTE SWANEPOEL	40 to 49	F	5:15:25	3:54:20	9:09:46	5	15
460	NEELS SWANEPOEL	40 to 49	M	5:15:30	3:54:22	9:09:53	11	24
474	GREIG WATT	40 to 49	M	5:22:33	3:52:50	9:15:23	12	25
436	TRACY JACOVIDES	60 to 69	F	5:29:58	3:46:53	9:16:51	1	16
414	RIAN BURGER	40 to 49	M	5:46:34	3:55:41	9:42:16	13	26
480	THANDIWE ZULU	40 to 49	F	5:48:25	4:38:34	10:26:59	6	17

RTB Combined



Extreme

467	IWANO VAN ROOYEN	40 to 49	M	6:12:22	4:23:21	10:35:44	14	27
408	CAPRICE BEGGS	40 to 49	F	6:12:28	4:23:26	10:35:55	7	18
468	ZELDA VAN ROOYEN	40 to 49	F	6:13:14	4:23:24	10:36:39	8	19
500	ARNO VAN DER MERWE	19 to 29	M	6:35:19	4:38:47	11:14:07	4	28
498	PETER YPENBURG	19 to 29	M	6:35:13	4:38:44	11:14:16	5	29
499	LISA TEEPE	40 to 49	F	5:46:08			9	20
471	PAULO VINHAS	30 to 39	M	3:46:33			8	29
475	TERRI WESTGATE	30 to 39	F	4:58:39			6	20
476	JAMES WESTGATE	40 to 49	M	4:58:44			15	29
478	JACKI WOOLNOUGH	30 to 39	F	4:58:53			6	20
479	DAVID EDWARD WOOLNOUGH	40 to 49	M	4:58:48			15	29
483	GARY GREEN	60 to 69	M	3:43:47			1	29
484	DANIEL CLARENCE	30 to 39	M	5:52:44			8	29
485	CHLOE MARILLIER	30 to 39	F	5:52:39			6	20
487	RUSSELL WATKINS	40 to 49	M	5:46:13			15	29
490	MARTIN MEYER	40 to 49	M	4:26:19			15	29
493	KEVIN MAIER	19 to 29	M	4:25:36			5	29
494	WARREN HOUSEN	19 to 29	M	4:25:32			5	29
496	MATTHEW STREET	40 to 49	M	5:52:14			15	29
465	LOUIS VAN DEVENTER	30 to 39	M	3:40:29			8	29
452	NICOLE PENNY	30 to 39	F	5:57:17			6	20
453	HOWARD PENNY	30 to 39	M	6:30:23			8	29
454	LEBOA ABIEL RANTSIENG	40 to 49	M	4:30:36			15	29
411	BERNIS BOTES	U18	M	5:14:24			1	29
405	JACO BARNARD	40 to 49	M	5:36:55			15	29
406	STACEY BARNARD	30 to 39	F	5:37:01			6	20
413	CAREL BUITENDACH	30 to 39	M	4:00:13			8	29
418	HEATHER CASEY	50 to 59	F	5:47:30			4	20
419	CRAIG CHANDLER	40 to 49	M	3:58:54			15	29
445	SERAKE DANIEL MOFOKENG	40 to 49	M	4:33:03			15	29
438	JADE KUNSTLER	30 to 39	F	5:57:22			6	20
439	KARL KUNSTLER	30 to 39	M	4:22:45			8	29
431	SAMANTHA GILLHAM	30 to 39	F	4:58:35			6	20
432	SALLY HATFIELD	40 to 49	F	3:58:51			9	20
433	DANIEL HATFIELD	40 to 49	M	3:16:14			15	29