



Race No	Full Name	Age Cat	Sex	Stage1	Stage2	Total Time	Age Pos	Ov Pos
337	MXOLISI NDLOVU	19 to 29	M	1:17:26	1:03:10	2:20:37	1	1
280	VUSI MKHONZA	30 to 39	M	1:45:35	1:09:44	2:55:19	1	2
216	CHERYL LYNN CERONIE	30 to 39	F	1:41:39	1:14:06	2:55:45	1	1
317	HARDUS VAN DER MERWE	U16	M	1:41:34	1:14:53	2:56:28	1	3
297	MELISSA RATTRAY	19 to 29	F	1:41:56	1:19:43	3:01:39	1	2
238	SCHALK ENGELBRECHT	40 to 49	M	1:48:06	1:22:51	3:10:58	1	4
343	SIMONE BARRETT	30 to 39	F	1:49:22	1:24:19	3:13:41	2	3
338	AMANDA HAWKE	30 to 39	F	1:49:24	1:24:17	3:13:42	3	4
300	ANDREW ROBINSON	40 to 49	M	1:51:23	1:23:44	3:15:08	2	5
296	TAYLOR RATTRAY	19 to 29	F	1:53:07	1:26:22	3:19:30	2	5
252	DOUGLAS HENDRY	40 to 49	M	1:52:33	1:27:36	3:20:09	3	6
289	TERENCE ONEILL	40 to 49	M	1:54:45	1:27:13	3:21:58	4	7
349	NEIL VAN DER WEELE	60 to 69	M	2:01:55	1:31:16	3:33:11	1	8
325	JOSH WEBB	30 to 39	M	2:02:52	1:32:42	3:35:34	2	9
207	BYRON BOSCH	19 to 29	M	2:02:56	1:32:38	3:35:34	2	10
276	PHILISWA MDAKANE	U18	F	2:08:21	1:27:44	3:36:05	1	6
265	BEVERLY LONGHURST	30 to 39	F	2:00:56	1:35:23	3:36:20	4	7
342	JENNIE MCGARVIE	40 to 49	F	2:04:12	1:32:44	3:36:56	1	8
272	ROSS MCCONNOCHIE	30 to 39	M	2:17:59	1:22:31	3:40:30	3	11
275	TARYN MCLINTOCK	30 to 39	F	2:04:48	1:36:04	3:40:52	5	9
304	KELLY SLATER	19 to 29	F	2:07:58	1:34:43	3:42:41	3	10
214	MARK CATHRALL	50 to 59	M	2:04:29	1:38:49	3:43:19	1	12
344	JOHN CLARK	30 to 39	M	2:02:16	1:43:04	3:45:20	4	13
206	ALISON BLAIR	40 to 49	F	2:09:11	1:36:51	3:46:02	2	11
340	KEVIN WHITE	50 to 59	M	2:09:58	1:36:34	3:46:33	2	14
268	RENATA MACKENZIE	40 to 49	F	2:07:38	1:43:40	3:51:19	3	12
305	RICHARD SMITH	40 to 49	M	2:10:21	1:41:24	3:51:45	5	15
302	MARIZANNE ROELAND	30 to 39	F	2:15:24	1:39:42	3:55:06	6	13
316	FRANCES VAN DER MERWE	19 to 29	F	2:15:19	1:40:21	3:55:41	4	14
286	EMMA NOBLE	30 to 39	F	2:22:52	1:39:08	4:02:01	7	15
256	RYAN HILLIGAN	40 to 49	M	2:13:54	1:49:18	4:03:12	6	16
324	LINDA WATSON	40 to 49	F	2:14:03	1:50:12	4:04:15	4	16
348	CATH DUFF	40 to 49	F	2:15:36	1:49:32	4:05:08	5	17
250	SHARON HARRIS	40 to 49	F	2:17:50	1:48:39	4:06:30	6	18
205	SEBASTIEN BERTHOU	40 to 49	M	2:22:49	1:44:33	4:07:22	7	17
263	JULIE LEVESQUE	19 to 29	F	2:18:36	1:49:25	4:08:01	5	19
254	MICHELLE HENWOOD	30 to 39	F	2:18:38	1:49:27	4:08:06	8	20
225	ISELLE COMBRINK	40 to 49	F	2:21:17	1:48:18	4:09:36	7	21
204	ELANE ANGELIDES	40 to 49	F	2:21:19	1:48:17	4:09:36	8	22
313	JEAN TURNER	40 to 49	F	2:20:17	1:49:47	4:10:04	9	23
312	GWENAEL TROTEL	40 to 49	M	2:22:15	1:48:24	4:10:39	8	18
223	MELISSA CLARK	19 to 29	F	2:18:58	1:54:05	4:13:04	6	24
237	KAREN ELLITHORNE	50 to 59	F	2:23:04	1:51:10	4:14:14	1	25
241	SHEA FOURIE	30 to 39	F	2:23:52	1:51:13	4:15:06	9	26

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330	CARLA FELLNER	40 to 49	F	2:26:48	1:49:10	4:15:59	10	27
242	EDGAR FOURIE	30 to 39	M	2:24:42	1:51:29	4:16:11	5	19
210	RONEN BURGER	19 to 29	F	2:24:07	1:53:08	4:17:15	7	28
249	MARIETTE GROBBELAAR	40 to 49	F	2:24:59	1:53:10	4:18:10	11	29
322	BRUCE WALSH	40 to 49	M	2:26:08	1:53:09	4:19:17	9	20
308	KATHERINE TAGGART	40 to 49	F	2:26:44	1:53:05	4:19:49	12	30
212	LOUISE CAMPBELL	40 to 49	F	2:29:42	1:53:06	4:22:49	13	31
240	SIMONE FORSHAW	30 to 39	F	2:31:41	1:51:21	4:23:03	10	32
332	ANSGAR PABST	40 to 49	M	2:24:32	1:58:38	4:23:10	10	21
339	JACQUES VAN WYNGAARD	40 to 49	M	2:22:32	2:02:26	4:24:59	11	22
314	WERNER VAN COPPENHAGEN	30 to 39	M	2:25:14	2:08:30	4:33:44	6	23
346	ELSABE VAN SCHALKWYK	40 to 49	F	2:38:20	1:55:51	4:34:12	14	33
208	MARY-ANNE BOSHOFF	40 to 49	F	2:38:53	2:03:13	4:42:07	15	34
291	RUPERT POTGIETER	60 to 69	M	2:51:09	1:51:25	4:42:34	2	24
283	COBUS NAUDE	40 to 49	M	2:44:34	1:58:41	4:43:15	12	25
213	SCOTT CAMPBELL	40 to 49	M	2:39:43	2:03:37	4:43:21	13	26
215	ANRI CELLIERS	30 to 39	F	2:40:37	2:03:37	4:44:14	11	35
231	MARLIESA DOUGANS	30 to 39	F	2:35:47	2:09:56	4:45:43	12	36
255	BRYCE HICK-ROCHE	U14	M	2:41:16	2:05:48	4:47:04	1	27
341	SANDRA SAND	50 to 59	F	2:41:22	2:06:21	4:47:43	2	37
224	JENNA COETZEE	30 to 39	F	2:43:40	2:04:27	4:48:08	13	38
292	ELIZABETH POTGIETER	60 to 69	F	2:52:25	2:00:37	4:53:03	1	39
253	WERNER HENNING	50 to 59	M	2:54:04	2:05:19	4:59:24	3	28
221	MARETHA CLAASEN	60 to 69	F	2:47:24	2:12:08	4:59:32	2	40
282	MUDZUNGA MULANGAPHUMA	40 to 49	F	2:46:50	2:16:12	5:03:02	16	41
227	CHIVONNE DEACON	19 to 29	F	2:54:55	2:09:48	5:04:44	8	42
248	VICTORIA GOODALL	40 to 49	F	2:57:01	2:08:32	5:05:34	17	43
233	NORMAN DRIESELMANN	40 to 49	M	3:01:56	2:09:07	5:11:03	14	29
234	LAURA DRIESELMANN	40 to 49	F	3:01:59	2:09:06	5:11:05	18	44
274	SHARLENE MCGILVRAY	60 to 69	F	3:05:13	2:14:58	5:20:11	3	45
220	SCHALK CLAASEN	70+	M	3:03:47	2:21:09	5:24:57	1	30
347	JOHANN VAN SCHALKWYK	19 to 29	M	3:10:38	2:15:17	5:25:56	3	31
271	VANESSA MCCLURE	40 to 49	F	3:15:25	2:20:43	5:36:09	19	46
245	JANINE GIERDIEN	50 to 59	F	3:20:11	2:17:00	5:37:11	3	47
246	RUSSEL GIERDIEN	40 to 49	M	3:20:14	2:17:01	5:37:16	15	32
273	TIFFANY MCCULLOUGH	40 to 49	F	3:12:54	2:26:44	5:39:39	20	48
202	LYN ALDERSON	50 to 59	F	3:12:58	2:26:43	5:39:41	4	49
299	RYAN ROBERTS	40 to 49	M	3:25:01	2:21:29	5:46:31	16	33
235	TINNEKE DU PLESSIS	40 to 49	F	3:21:32	2:39:02	6:00:35	21	50
327	HELEN WILSENACH	40 to 49	F	3:21:36	2:39:01	6:00:37	22	51
326	CHRISTINE WHITE	40 to 49	F	3:38:33	2:26:38	6:05:11	23	52
298	TANYA ROBERTS	40 to 49	F	3:38:37	2:26:40	6:05:17	24	53
201	LOUIS ACKERMANN	30 to 39	M	3:36:57	2:38:06	6:15:04	7	34
294	LEONARDO POTTER	40 to 49	M	3:35:57	2:45:01	6:20:58	17	35
295	KAREN POTTER	40 to 49	F	3:36:05	2:45:00	6:21:05	25	54
244	ROBYN FRANCES	50 to 59	F	3:38:41	2:45:57	6:24:39	5	55
307	RICHARD STIRLAND	40 to 49	M	3:36:49	2:48:52	6:25:42	18	36

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Challenge

320	LIN VAN HEERDEN	40 to 49	F	3:41:46	2:48:16	6:30:02	26	56
266	JAQUELENE LOURENS	40 to 49	F	3:41:42	2:48:30	6:30:12	27	57
306	LAURIE SNYMAN	50 to 59	F	3:50:14	2:42:58	6:33:13	6	58
262	HANELIE LAMBERT	40 to 49	F	3:46:47	2:48:29	6:35:16	28	59
334	LAINY CLOETE	19 to 29	F	3:46:53	2:48:51	6:35:45	9	60
333	ROBIN CLOETE	19 to 29	F	3:47:01	2:48:56	6:35:58	10	61
328	ANDREW WILSON	50 to 59	M		1:43:41		4	37
329	CHARISSE STRUWIG	19 to 29	F	3:46:37			11	62
301	HANRI ROELAND	30 to 39	F		2:09:50		14	62
309	COURTNEY TALJAARD	19 to 29	F	2:08:34			11	62
287	LELETHU NTONTELA	40 to 49	M	2:38:58			19	37
345	MELISSA DE ARAUJO	30 to 39	F	2:14:13			14	62
943	KIM HOCKLY	40 to 49	F		1:53:28		29	62
944	GILLIAN JEVON	60 to 69	F		1:57:27		4	62
945	NICOLE OXLEE	40 to 49	F		1:22:25		29	62
279	BONGILE MGBENZI	30 to 39	M	2:01:07			8	37
293	KIM POTGIETER	40 to 49	F	2:26:46			29	62
264	SEAN LONGHURST	40 to 49	M		1:37:31		19	37
259	CHRISTIN KENNEDY-GOOD	30 to 39	F	2:36:30			14	62
260	STEPHEN KENNEDY-GOOD	40 to 49	M	2:36:28			19	37
251	CATHERINE HENDRY	30 to 39	F	2:27:19			14	62
239	JENNI FINCH	40 to 49	F	3:18:01			29	62
229	ELAINE DIVIANI	40 to 49	F	2:27:17			29	62
230	TYRON DOUGANS	30 to 39	M		2:12:19		8	37
232	JULIA DOUGLAS	40 to 49	F	2:44:49			29	62
227	CHIVONNE DEACON	19 to 29	F	2:54:55			8	42
203	PETER ALLNUTT	40 to 49	M	2:57:04			19	37
217	LUKE CHANDLER	40 to 49	M	2:17:13			19	37
218	GIULIA CHANDLER	30 to 39	F	2:17:15			14	62